

Supplementary Table 1. Baseline patient characteristics

Variable	Value (n=40)
Age (yr)	38.7±29.7
Sex (male:female)	28:12
Duration of symptom (mo)	24.8±31.6
Smoker	34 (85)
History of voice abuse	16 (40)
Secondary MTD	10 (25)

Values are presented as mean±standard deviation or number (%).
MTD, muscle tension dysphonia.